



SHIP BREAST MILK, SHATTER GLASS CEILINGS

How breast milk shipping supports families
and your bottom line.



FOR MOMS & BABIES

Breastfed infants have reduced risks of:

- Asthma
- Obesity
- Type 1 diabetes
- Severe lower respiratory disease
- Ear infections
- Sudden infant death syndrome (SIDS)
- Gastrointestinal infections (diarrhea/vomiting)
- Necrotizing enterocolitis (NEC) for preterm infants

Breastfeeding can help lower a mother's risk of:

- High blood pressure
- Type 2 diabetes
- Ovarian cancer
- Breast cancer

When employers support workplace lactation, breastfeeding duration is dramatically increased. Comprehensive corporate lactation programs have reported that 75% or more of participating moms achieve 6 months or more of breastfeeding.

FOR EMPLOYERS*

Lower Medical Insurance Claims

Breastfed infants incur lower health costs from fewer doctor visits, hospitalizations, and prescriptions, which helps the company's bottom line when employers subsidize health insurance.

Reduced Absenteeism

Breast milk boosts infants' immune systems and helps protect them from common childhood illnesses - this is particularly true for babies in a childcare environment. One-day absences (to care for a sick child) occur more than twice as often for mothers of formula-fed infants than for those of breastfed infants.

Improved Employee Retention

Employers with lactation programs benefit from significantly higher retention rates over the national average and reduced recruitment, hiring, and training costs.

Improved Employee Satisfaction

Providing lactation support helps ease the transition back to work following maternity leave. Employees whose employers provide lactation support report improved morale, better job satisfaction, and higher productivity than those without it.

Improved Employee Recruitment

Companies with comprehensive lactation programs demonstrate a commitment to Diversity, Equity and Inclusion (DEI). Additionally, these employers earn public recognition and media attention, which can boost recruitment efforts and general goodwill within their communities.

Milk Stork clients comprise over 20% of the Working Mother 100 and over 15% of the Fortune 100 Best Companies. Top-tier publications regularly laud Milk Stork clients for their support of mothers and families.

WHY MILK STORK?

Milk Stork's experience in getting liquid gold where it needs to go is unrivaled.

- 840 clients
- 87 countries and growing
- 4M ounces
- The only company with refrigerated and frozen solutions, offering more options and sizes than any other service.
- Customer care team powered by moms providing loving, informative, and reliable support throughout the breast milk shipping process.

SUPPORT ALL BREASTFEEDING MOMS

MILK STORK FLOCK

A practical, pay-per-use, family benefits platform.



Breast Milk Shipping



Pumping & Lactation Support



Mental Health & Wellness

ESTIMATED COSTS

Milk Stork's breast milk shipping and family benefits are pay-per-use — employers only pay for what employees order. Utilization costs will vary based on demographics, breastfeeding rates, and travel policies.**

Breast Milk Shipping

Help traveling moms and families using surrogates get their breast milk home to their babies.

Domestic

• Pump & Tote 34/72 oz \$119/139 per unit	• Freeze & Check 48 oz \$139 per unit	• Stash Mover 180 oz \$199 per unit
• Pump & Ship 34/72 oz \$179/199 per unit	• Freeze & Ship 48 oz \$199 per unit	• Stash Shipper 180 oz \$279 per unit

International

North America
(Mexico, Canada, Caribbean)

Europe, Asia and Australia

All other areas

• Pump & Check	\$289 per unit	\$329 per unit	\$399 per unit
• Pump & Ship	\$399 per unit	\$499 per unit	\$599 per unit
• Freeze & Tote	\$399 per unit	\$499 per unit	\$599 per unit
• Freeze & Ship	\$399 per unit	\$499 per unit	\$599 per unit
• Stash Mover	\$329 per unit	\$399 per unit	\$479 per unit
• Stash Shipper	\$479 per unit	\$579 per unit	\$679 per unit

Virtual, On-Demand Lactation Consulting

Support new parents with access to expert breastfeeding advice.

• 1-month unlimited access	\$159
• 3-months unlimited access	\$109/month
• 6-month unlimited access	\$79/per month

Sleep + Meditation Support for Fertility, Pregnancy & Motherhood

Support new and expecting moms with content for all beginning motherhood stages.

• 1-year subscription	\$60
-----------------------	------

Breast Milk Nutritional Testing

Empower moms with detailed explanations and actionable insights specific to their breastfeeding journey.

• Basic Kit	\$99
• Standard Kit	\$199

Access to Breast Pumps Through Insurance

Help moms determine their preferred pumps and have them delivered.

- Free